

# Transition – What is it?

Can you recall how you felt moving from one class to another?

How did you find the move to secondary school?

# Transition in Albert Bradbeer

When moving classes in school, information will be passed onto the new class teacher in advance.

A two week transition programme is put in place for all pupils starting from Monday. What will happen during these two weeks?

When pupils move between year groups, teachers meet to discuss interventions, strategies and learning styles used.

# Transition from Albert Bradbeer

## How are the local secondary schools different To Albert Bradbeer Primary Academy?

- Classes may be larger
- Larger school environment and range of buildings
- No personal desks, lockers or trays to keep things in.
- Subject specific teachers
- Homework – greater volume and expectation given out on different days
- The need for greater organisational skills
- Meeting deadlines with homework, coursework
- Career choice lessons

## What might your child be worried about as they make the transition?

- Negotiating the way around school and different buildings – may get lost or be late for lessons
- Meeting new children from different primary schools
- Meeting new teachers who do not know them as well as those at Albert Bradbeer Primary Academy.
- Learning about the new rules of the school
- Learning new teachers' names and their expectations and styles of teaching. Will have greater range of teaches than at Albert Bradbeer Primary.
- Learning about the timetable and knowing which books and resources are required.
- Carrying equipment around all day
- Independently organising his work and managing his own timetable
- In PE and games coping with more complex activities such as changing in/out of PE kit
- At break times arrangements
- Coping with new topics he has not studied before

# How can parents support both of these transitions?



## The importance of talk

- Make sure you build in time to talk to your child during transition week and during the Summer by asking them what they are looking forward to in September, what they have enjoyed about this year and what they might be worried about next year or at secondary school. Parent and child asking questions.

## **Know your child, and realise that each child's response is different**

- We all want our children to make a smooth transition to their next teacher with eager enthusiasm, but children's responses to transition and separation depend upon their age, temperament, and experience.

## **Be Positive**

- Our children have incredible intuitive skills. They sense our anxiety and hesitation. As the first day for transition draws near, begin talking to your child about what to expect and about any concerns or fears they might have. Present school as a place where he'll learn new things and make friends.



# Tune-In to Your Child's Behaviour

- During times of change, our children may have behaviour regressions, delayed reactions or even outbursts at pick-up time. It's all normal. We can reassure them with positive comments, physical affection, and love.

## **Allow Extra Time for the Morning Rush**

- Give your child a little extra time to get going in the morning. Some children tend to start the day slowly. Allowing extra time may positively affect their morning mood.
- Create a morning family ritual such as a family breakfast, a book, and a cuddle in bed.
- If time permits before your child wakes up, enjoy time alone with your partner, read the newspaper or a book, or savour that extra cup of coffee.



## **Stick to a Daily Morning Routine**

- Children thrive on routine. Sticking to a regular morning routine will help your children know what to expect.
- Have your child get dressed, wash up, eat breakfast, and help put dishes in the sink or dishwasher. If time permits, allow her to play until it is time to leave. Create an incentive for getting ready. For example, once your children are ready they can play their favourite game.
- With your child, choose and set out her clothes the night before. Then she will know what to put on in the morning.

# Supporting your child with increasing responsibility

At secondary school, your child will have to organise him or herself far more than in primary school once they reach the days before their to secondary school. They may have a two-week timetable of different subjects.

In the final years at ABP, help your child become more responsible for their PE kit, homework and books, so they're prepared when it comes to secondary school.

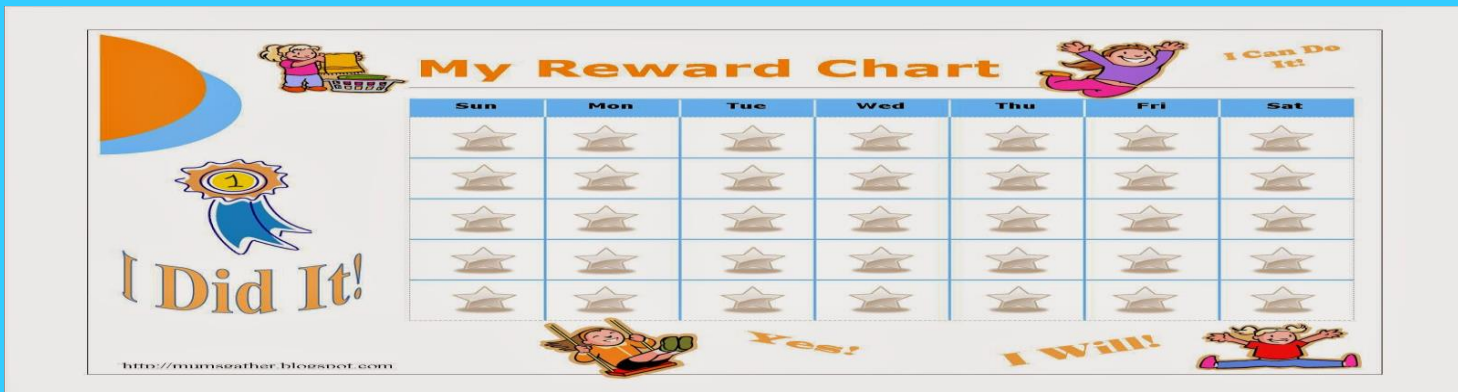
Get them into the habit of getting their bags ready the night before and putting the bag in the same place ready for the morning,

Having the children complete homework earlier rather than the night before it is due in.

Being punctual in the mornings to primary school, as this will help them, especially if they have to leave early to catch a bus, train or get a lift at secondary school.

# Encourage Self-Help and Growing Independence

- You may be tempted to do everything for your child to keep things moving quickly, but keep in mind that one of the tasks of early childhood is gradually learning how to do things for oneself.
- Create a morning schedule with your child and put the tasks on a chart for her to check them off.
- Allow your child to get up with her own alarm clock. This might make her feel independent.



# Questions

- If you have any questions about the transition your child will be making to secondary school, please do not hesitate to speak with a member of school staff for support.
- All staff are here to support and Mr Phillips is readily available to offer any additional support you or your child may require.